



# CAMBRIDGE BADMINTON CLUB

## Non-marking indoor court shoes are required when you play at the Cambridge Badminton Club.

### Why wear non-marking shoes?

Put simply - Regular shoes, such as trainers and sneakers, leave marks on, and can damage the court floors. Wearing non-marking shoes helps to protect the court floors which are expensive for our Club to re-surface and maintain.

Properly designed badminton shoes are also lightweight and provide better grip, cushioning, comfort and support when playing badminton.

**YES**



### What Are Non-Marking Shoes?

"Non-marking" shoes are used during indoor sports such as basketball, tennis, badminton, volleyball, handball, etc. They are manufactured with a unique sole created from a rubber-type material to offer maximum friction and a "smooth ride". They are called 'non-marking shoes' or 'non-markable shoes' because they are designed to not mark the floor surface or damage them, as regular worn shoes will do such as standard trainers, sneakers, boots etc.

### How do I know if my shoes are "non-marking"?

- 1) A lot of modern non-marking shoes will have it written on the underside of the shoe in small print.

Ask for -non-marking court shoes when purchasing your shoes as this is the best way to know for sure.

- 2) Flip your shoe and use your fingernail to press the sole. If the sole is dented momentarily, the sole is considered soft and is likely a non marking shoe.

- 3) Place a piece of white paper on the floor, rub the shoe sole on the paper and check for scuff marks. If there are no marks on the paper, then your shoes are likely to be non-marking shoes.

**NO**



### Please Remember!!

Please carry your non-marking shoes into the stadium and change into them in our clubroom. This helps to protect the floors as stones from the car park very easily mark, scratch and damage the court floors.

**Thank you for helping us protect our floors!!**



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